

The Fruitful Hollow NaPro Technology Resource

How do I get started with NaProTechnology?

A good place to start is to get in touch with a FertilityCare Practitioner who will be able to instruct you in the Creighton Model System of FertilityCare. They will teach you to chart your cycles using the Creighton Model and can refer you to a NaProTechnology doctor for treatment if necessary.



Finding a FertilityCare Practitioner

You can find a practitioner in your part of the world on the official FertilityCare websites:

FertilityCare Centers of America - [find a center](#)

FertilityCare Centres Great Britain - [find a practitioner](#)

FertilityCare Centres of Australasia (including Singapore and Taiwan) - [find a centre](#)

Below is a list of FertilityCare Practitioners that have been recommended by friends and followers of The Fruitful Hollow.*

USA-based practitioners

- Cedar of Lebanon FertilityCare Center (Find Marise Frangie [here](#))
Face-to-face consultations in New York. Online consultations worldwide.
- Faustina FertilityCare Center (Find Kristin Dvorsky [here](#))
Online consultations worldwide
- Groesbeck Fertility Care Center (Find Daria Bailey and her colleagues [here](#))
Face-to-face consultations in the Mid Michigan area. Online consultations nationwide.
- Holy Family FertilityCare (Find Laura Golden [here](#))
Online consultations nationwide
- Integrated FertilityCare Center (Find Renee M Oakes [here](#))
- In Touch Fertility Care Services (Find Holly Baril [here](#))
Online consultations worldwide
- Wonderfully Made Fertility Care (Find Kelly Vardakas [here](#))
Online consultations

Canada-based practitioners

- Charbel FertilityCare Center (Find Rebecca McEvoy [here](#))
Online consultations

UK-based practitioners

- Naturally Conceive (Find Amanda Adebisi [here](#))
Face-to-face consultations in Lincolnshire. Online consultations nationwide.
- St Joseph's Family FertilityCare (Find Margaret Neale [here](#))
Face-to-face consultations in South Yorkshire/Derbyshire. Online consultations nationwide.
- Wholly Natural Fertility (Find Amanda Buadi [here](#))
Face-to-face consultations in Hampshire. Online consultations worldwide.

Practitioners working with couples worldwide via online consultations

- Cedar of Lebanon FertilityCare Center (see USA-based practitioners)
- Faustina FertilityCare Center (see USA-based practitioners)
- In Touch Fertility Care Services (see USA-based practitioners)
- Wholly Natural Fertility (see UK-based practitioners)

Finding a NaProTechnology medical consultant

To find a NaProTechnology medical consultant in your part of the world, check the updated directories on the official FertilityCare websites.

- FertilityCare Centers of America - [directory](#)
- FertilityCare Centres of Australasia (including Singapore and Taiwan) - [directory](#)
- FertilityCare Centres Great Britain - [find a practitioner](#)
- FertilityCare Centres of Europe - [choose a country](#)
- FertilityCare Centres of Africa - [directory](#)

***DISCLAIMER**

This is a compiled list of suggestions on where to find a FertilityCare Practitioner or how to begin a NaPro journey. The Fruitful Hollow has no affiliation with any of these organisations and therefore should not be held responsible for any experience with the links or providers above. Results are not guaranteed. Utilize at your own discretion.